



THE 10<sup>TH</sup> SCIENTIFIC MEETING OF INDONESIAN SOCIETY OF HYPERTENSION  
The Ritz Carlton Hotel Mega Kuningan Jakarta  
Feb, 12-14, 2015  
Secretariat :  
PERKI HOUSE Building 2<sup>nd</sup> Floor  
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*If you are interested in sponsoring any of the items detailed overleaf, please contact the Organizing Committee at the address below:*

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**Organizing Committee Secretariat**

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## A. BACKGROUND

Hypertension, the silent killer is a leading risk factor for heart disease, stroke, kidney failure and increase the mortality and morbidity. In the years to come the burden of hypertension is expected to rise enormously. There were approximately 972 million people living with high blood pressure (BP) in the world in the year 2000, compared to an estimated 1.56 billion in 2025. In Indonesia, recently, approximately (26.5%) adult people living with hypertension.

The rising incidence of obesity will also increase the numbers of hypertensive individuals. The treatment in any level of hypertension based on guidelines, starting by lifestyle modifications alone or in concert with antihypertensive drug therapy.

Efforts to control the epidemic of high BP and its cardiovascular and renal complications have traditionally focused on pharmacologic treatment of persons with established hypertension. Such efforts reflect an impressive body of evidence that has documented the beneficial effects of antihypertensive drug therapy in preventing BP-related clinical complications. Fighting hypertension at all levels of care can be achieved easier in the era of universal coverage/BPJS by a good referral system.

We realize that drug therapy alone is an incomplete solution to the treatment of high BP and its complications. It is well recognized that the risk of BP-related cardiovascular and renal disease increases progressively throughout the range of BP, including ranges of BP previously considered normal. Treating hypertension is not just to reduce the high blood pressure but should be "tailored made", achieve the blood pressure target level and controlled comorbid condition such as dyslipidemia and other risk-factors. Unfortunately, a large number of patients have a BP that is above optimal and yet is below the traditional threshold for drug treatment. A very few numbers of patients that fails to respond to what the clinician consider to be an adequate antihypertensive regimen called as Refractory hypertension puts them at greater risk for cardiovascular complications.

## A. THEME

### "Fighting Hypertension at All Levels of Care"

## B. GENERAL INFORMATION

Title	:	The 10 <sup>th</sup> Scientific Meeting of Indonesian Society of Hypertension
Theme	:	"Fighting Hypertension at All Levels of Care"
Location	:	Jakarta
Venue	:	Ballroom, Ritz Carlton Hotel Jl. Lingkar Mega Kuningan Kav. E.1.1 No. 1 Mega Kuningan, Jakarta
Dates	:	February, 12-14, 2016
Convener	:	Indonesian Society of Hypertension (InaSH)



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**D. PARTICIPANT**

Approximately 1.500 participant will be attending the Symposia. There may be General Practitioners, Neurologists, Internists, Cardiologist, *Nephrologists*, and specialists from variety of discipline.

**E. INDUSTRIAL EXHIBITION**

Pharmaceutical companies and manufactures of technical equipment are invited to display their products at the industrial exhibition *which* will be part of the meeting.

**F. REGISTRATION**

<b>Participant</b>	<b>Before 1 January 2016 (Rp)</b>	<b>After 1 January 2016 (Rp)</b>
a. General Practitioner	1.300.000,-	1.600.000,-
Member	1.100.000,-	1.400.000,-
b. Specialist	1.500.000,-	1.800.000,-
Member	1.300.000,-	1.600.000,-
c. Student/Nurse)	1.000.000,-	1.200.000,-
d. Accompanying person	700.000,-	700.000,-
(non medic)		
<b>Workshop InaSH</b>	1.750.000,-	1.750.000,-

**No refund on cancellations of registration**

**Ina-SH Secretariat**

c/o PERKI HOUSE BUILDING

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Exhibition, Publication & Documentation

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Dr. Pukovisa, Sp.S  
Dr. Djoko Wibisono, Sp.PD-KGH

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