

HYPERTENSION 2018:

The Never Ending Battle Againts Hypertension and Its Complications







February 23 - 25, 2018 Sheraton Hotel Gandaria - Jakarta

Dear Colleagues and Friends

Welcoming Speech and Introductory Remarks from Indonesian Society of Hypertension,

Indonesian Society of Hypertension (InaSH) extends a hearty welcome to all delegates and participants to attend the 12th Annual Scientific Meeting of the Indonesian Soceity of Hypertension (InaSH) to be held in capital of Indonesia, Jakarta from February 23 to 25, 2018.

Scientific sessions is at the very forefront of the Indonesian Society of Hypertension's mission to build healthier lives free of cardiovascular disease through our front medical sevices.

As our scientific meeting theme this year is

"THE NEVER ENDING BATTLE AGAINST HYPERTENSION AND ITS COMPLICATIONS"

its reflects the increasing priority to better integrate patient care, not only in the hospital but also across primary and long-term care settings.

In addition, the Oral Paper and Poster Competitions will provide an excellent platform for our young colleagues to present their latest research findings, which we will hear about at the meeting.

We also provide a "trigger quiz" for our general practicioners to elevate their knowledge specially related to hypertension and its problems.

For those whose going to know indepth hypertension related to cardiovascular; nephrology and neurology we also have a workshop in three different classes for each knowledge.

For these reasons and many more, I hope you'll join us in Jakarta next February 2018 and looking forward to welcoming your active contribution to what we know will be a lively and outstanding meeting.

Best Regards,



Rossana Barack, MD Chairperson of InaSH



Tunggul D. Situmorang, MD Scientific Chaiperson The 12th Scientific Meeting The 12th Scientific Meeting of InaSH



Yuda Turana, MD President Indonesian Society of Hypertension

ORGANIZING COMMITTEE

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Bussines Meeting InaSH Yuda Turana, MD

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InaSH Guideline

Chairperson Vidhia Umami, MD

Endorsed by



Indonesian Society of Hypertension



Indonesian Heart Association



Indonesian Neurological Association



Indonesian Society of Nephrology

PROGRAM AT GLANCE

PROGRAM AT GLANCE

THE 12^{TH} SCIENTIFIC MEETING ON HYPERTENSION Sheraton Jakarta Gandaria City Hotel

FRIDAY, FEBRUARY 23, 2017						
EMERALD SAPPHIRE RUBY						
08.00 - 15.00	WORKSHOP ON CARDIOLOGY	WORKSHOP ON NEUROLOGY	WORKSHOP ON NEPHROLOGY			
		MEETING ROOM 3				
16.00 - 18.00		BUSINESS MEETING - INASH				

	SATURDAY, FEBRUARY 24, 2017				
		BALLROOM 1	BALLROOM 2	RUBY SAPPHIRE	
08.00-09.00			PLENARY SESSION		
09.00-09.30			Opening Ceremony		
09.30-10.00			COFFEE BREAK		
10.00-11.15	R	S 1 Target Organ Damage In Hypertension (Part 1)	S 2 The Art Of Managing Hypertension and Target Organ Protection	S 3 Current Issues On Blood Pressure Measurement and Monitoring	
	E G		LUNCH SYMPOSIUM		
11.15-12.15	I S T R A T	LS 1 Target Organ Damage in Hypertension (Part 2)	LS 2 Recent Update of Beta Blocker Usage In Hypertension Management and Vascular Protection	LS 3 Cardio Session: Secondary Prevention In Hypertensive Heart Disease	
12.15-13.15	1 0		LUNCH		
13.15-14.30	N	S 4 The Jeopardy of Vascular Damage and Redefining Cardiovascular Prevention	S 5 Hypertension and Special Subgroups	S 6 Hypertension Crisis	
14.30-15.50		S 7 Information To Be Gained By Out of Clinic BP Measurement S 8 Woman and Hypertension		S 9 Neprho Session: Hyperuricemia and Hypertension	

PROGRAM AT GLANCE

SUNDAY, FEBRUARY 25, 2017							
		BALLROOM 1	BALLROOM 2	RUBY SAPPHIRE			
08.00-09.00			PLENARY SESSION				
09.00-10.15	R E	S 10 Managing Electrolyte Imbalance and Regulating Lipid Metabolism Hypertension	\$ 11 Sympathetic Drive In Cardiovascular Continuum	\$ 12 Neuro Session: Brain and Hypertension			
10.15-10.45	G I		COFFEE BREAK				
	S T		LUNCH SYMPOSIUM				
10.45-11.45	R A T I	LS 4 Cardio Metabolic	LS 5 The Ultimate Choice of Current Treatment of Hypertension	LS 6 INASH TRIGGER QUIZ CONTEST			
11.45-12.45	N		LUNCH				
12.45-14.00		S 13 Hypertension Management in The Era of National Health Coverage	S 14 Recent Issues of The Hypertension Management	S 15 INASH TRIGGER QUIZ CONTEST			
14.00-14.15			LAUNCHING OF InaSH CONSENSUS				

Scientific Program

Friday, February 23, 2018

WORKSHOP

08.00 - 15.00	WORKSHOP ON CARDIOLOGY WORKSHOP ON NEUROLOGY WORKSHOP ON NEPHROLOGY	EMERALD ROOM SAPPHIRE ROOM RUBY ROOM
19.00 – finised	BUSINESS MEETING OF INASH	MEETING ROOM 3

Scientific Program

Saturday, February 24, 2018

07.00 - 08.00 REGISTRATION

PLENARY SESS	SION 1	BALLROOM 2
<i>Chair</i> 08.00 - 08.30	Arieska Ann Soenarta, MD History of Hypertension in Indonesia: Present the Future?	and How About
08.30 - 09.00	Asikin Hanafiah, MD Home and Office Blood Preassure Measureme these in Clinical Practice Chia Yook Chin, MD (Malaysia)	ents: How to Use
09.15 - 09.35	OPENING CEREMONY	BALLROOM 2
09.35 - 10.00	COFFEE BREAK	

SYMPOSIUM 1 BALLROOM 1

Target Organ Damage in Hypertension (Part 1)

Chair
TBC

10.00 - 10.20 Cerebral Haemodynamic: Auto Regulation and Blood Pressure Management
Mursyid Bustami, MD

10.20 - 10.40 Managing Hypertension in Acute Heart Failure
Rarsari Soerarso Pratikto, MD

10.40 - 11.00 Hypertension Crisis in Worsening Kidney Function
Djoko Wibisono, MD

11.00 - 11.15 Discussion

SYMPOSIUM 2 BALLROOM 2

The Art of Managing Hypertension and Target Organ Protection

Chair TBC

10.00 - 10.20 The useful Combination Therapy in Hypertension with High-Risk Individual

TRC.

10.20 - 10.40 Cerebral Small Vessel Disease in Hypertension

Eka Harmeiwaty, MD

10.40 - 11.00 The Latest Long Acting CCB in Managing Hypertension

TBC

11.00 - 11.15 Discussion

SYMPOSIUM 3 Current Issues of Chair	on Blood Pressure Measurement and Monitoring	BALLROOM 3
	The Role of Echocardiography in Hypertensive Assesment	Heart Disease
10.20 - 10.40	Amiliana Soesanto, MD Biomarker on Hypertension Management TBC	
10.40 - 11.00	Cerebro Vascular Diagnostic in Hypertension Muhammad Kurniawan, MD	
11.00 - 11.15	Discussion	
Chair	mage in Hypertension (Part 2) TBC	BALLROOM 1
11.15 - 11.35	Hypertensive Heart Disease with Its Complication Atrial Fibrillation <i>Erwinanto, MD</i>	on: Focus on
11.35 - 11.55		CKD: Focus on
11.55 - 12.15		
Vascular Protect	of Beta Blocker Usage in Hypertension Manage	
11.35 - 11.55 11.55 - 12.15	TBC New Insight of BB: does it Fit in Hypertensive of M. Thaha, MD Discussion	with CKD?
LUNCH SYMPO Cardio Session :	SIUM 3 Secondary Prevention in Hypertensive Heart I	BALLROOM 3 Disease
<i>Chair</i> 11.15 - 11.35	TBC Early Detection in Asymptomatic Cardiovascula Antonia Anna Lukito, MD	ar Disease
	Risk Stratification in Exercise Stress Test <i>TBC</i>	
11.55 - 12.15	Discussion	
12.15 - 13.15	LUNCH	

SYMPOSIUM 4		BALLROOM 1
	Vascular Damage and Redefining Cardiovascul	ar Prevention
Chair	TBC	
13.15 - 13.35	New Insight Hypertension Management in Haer <i>TBC</i>	moragic Stroke
13.35 - 13.55	The Benefit of ARB-CCB Combination Therapy Hypertension with CV High-Risk Patient <i>TBC</i>	for Treating
13.55 - 14.15	Dabigatran: a New Option for Anticoagulation in Fibrillation and Venous Thromboembolism. TBC	n Atrial
14.15 - 14.30	Discussion	
SYMPOSIUM 5		BALLROOM 2
Hypertension an Chair	d Special Subgroups TBC	
13.15 - 13.35	Hypertension Treatment in Hemodialysis Patien Importance of Volume Control Maruhum Bonar Marbun, MD	ts: The
13.35 - 13.55	From Hypertension to Heart Failure: Role of Ne Nani Hersunarti, MD	w Beta Blocker
13.55 - 14.15	Controversies on Target Blood Pressure in the E Yuda Turana, MD	lderly
14.15 - 14.30	Discussion	
SYMPOSIUM 6	HOW TO SESSION	BALLROOM 3
Hypertension Cr	isis	
Chair	TBC	
13.15 - 13.35	Hypertension and Cardiac Failure Celly Anantaria, MD	
13.35 - 13.55	Hypertension in Acute Stroke Ekawatidani Yulianti, MD	
13.55 - 14.15	Management Hypertension in Acute Kidney Inj <i>Pringgodigdo Nugroho, MD</i>	ury
14.15 - 14.30		
SYMPOSIUM 7		BALLROOM 1
	Be Gained by Out of Clinic BP Measurement	
Chair	TBC	
14.30 - 14.50	Variability in Blood Pressure and Outcome Siska Suridanda Danny, MD	
14.50 - 15.10	Calcium Channel Blockers and Brain Protecion: Pressure TBC	Beyond Blood

15.10 - 15.30	The Role of Central Aortic Blood Pressure in Hypertension Patient Management Suko Adiarto, MD
15.30 - 15.50	
SYMPOSIUM 8	BALLROOM 2
Woman and Hyp	
Chair	TBC
14.30 - 14.50	Cardiovascular Risk in Man and Woman: Similarities and Differences: Focus on MMM Result in Indonesia Rossana Barack, MD
14.50 - 15.10	The Role of Nutrition in Women with Hypertension <i>TBC</i>
15.10 - 15.30	Special Consideration in Pregnant Women with Hypertension <i>TBC</i>
15.30 - 15.50	Discussion
SYMPOSIUM 9	BALLROOM 3
Neprho Session	: Hyperuricemia and Hypertension
Chair	TBC
14.30 - 14.50	Hyperuricemia: Its Role in High Blood Pressure Bambang Purwanto, MD
14.50 - 15.10	Hyperuricemia as a Risk Factor of Cardiovascular
	Complication: How to Manage
	Ketut Suwitra, MD
15.10 - 15.30	3,1
	Chia Yook Chin
15.30 - 15.50	Discussion

Scientific Program

Saturday, February 25, 2018

PLENARY SESS	SION 2 TBC	BALLROOM 2
08.30 - 09.00	. 2 0	isk
09.00 - 09.30	Worldwide Importance of Hypertension and Its World Health and Medical Economics Hasbullah Tabrani, MD	Impact on
SYMPOSIUM 1	0	BALLROOM 1
Managing Elect Hypertension	rolyte Imbalance and Regulating Lipid Metabol	ism
Chair	TBC	
09.30 - 09.50	Managing Electrolyte Abnormalities during Hyp Treatment	pertension
00.50 10.10	Parlindungan Siregar, MD	
09.50 - 10.10	Is Sodium Restriction Important to Hypertensic TBC	on
10.10 - 10.30	The New Target to Treat in Dyslipidemia TBC	
10.30 - 10.45	Discussion	
SYMPOSIUM 1	1	BALLROOM 2
	rive in Cardiovascular Continuum	DALLINGOM L
Chair	TBC	
09.30 - 09.50	The Changing Pattern of Beta Blockers in Card Management Fauzi Yahya, MD	io Vascular
09.50 - 10.10	Prevention of Disease Progression Through Out	t The
	Cardiovascular Continuum: The Role of Adrene TBC	
10.10 - 10.30	Clinical Evidences of Beta Blocker in Cardiovas Continuum	scular
10.00 10.15	BRM Ario Soeryo Kuncoro, MD	
10.30 - 10.45	Discussion	

SYMPOSIUM 1	2	BALLROOM 3
	Brain and Hypertension	
Chair	TBC	
09.30 - 09.50	Shielding The Brain From Ischaemic Stroke: Al Treatment Strategies For Secondary Stroke Pre <i>TBC</i>	
09.50 - 10.10	Blood Pressure Variability and Morning Blood I Perspective on Target-Organ Damage and Prev TBC	
10.10 - 10.30		ent it?
10.30 - 10.45	Discussion	
10.45 - 11.15	COFFEE BREAK	
LUNCH SYMPO		BALLROOM 1
Chair	TBC	
11.15 - 11.30	. = 0	of Type 2
	Diabetes	71.
	TBC	
11.30 - 11.45	of Type 2 Diabetes Melitus (Case Studies Shar	
11.45 - 12.15	Ketut Suastika, MD Discussion	
LUNCH SYMPO	OSIUM 5	BALLROOM 2
The Ultimate Cl	noice of Current Treatment of Hypertension	
Chair	TBC	
11.15 - 11.30	Mainstay	oitor and the
11.30 - 11.45	TBC A New Way of Treating Hypertension	
11.30 - 11.43	TBC	
11.45 - 12.15	. = -	
11.15 – 14.15	TRIGGER QUIZ	BALLROOM 3
12.15 - 13.15	LUNCH	

SYMPOSIUM 1.	3	BALLKOOM I
Hypertension M	anagement in The Era of National Health Cove	rage
Chair	Santoso Karo Karo, MD	
13.15 - 13.30	Controlling the Hypertension Risk Factor in Ind <i>TBC</i>	onesia
13.30 - 13.45	Current Issues on Hypertension in Indonesia Rully M.A. Roesli, MD	
13.45 - 14.00	How to Implement the Management of Hyperte Era TBC	ension in BPJS
14.00 - 14.15	Discussion	
SYMPOSIUM 14		BALLROOM 2
	f The Hypertension Management	
Chair	TBC	
13.15 - 13.30	Recent Clinical Trials of Hypertension and Thei Nearest Future Guidelines Arieska Ann Soenarta, MD	r Effects on
13.30 - 13.45	THAI-HBPM: TeleHealth Assisted Instruments- Pressure Monitoring Nationwide Pilot Project Pairoj Chattranukulchai, MD, MSc (Thailand)	Home Blood
13.45 - 14.00		Protection
14.00 - 14.15	Discussion	
13.15 - 14.15	TRIGGER QUIZ	BALLROOM 3
14.15 - 14.30	LAUNCHING AND DISTRIBUTION CONSENS	US BALLROOM 2
14.30 - 15.00	CLOSING REMARK AND DOOR PRIZE	BALLROOM 2

YOUNG INVESTIGATOR AWARD

YOUNG INVESTIGATOR AWARD

12th InaSH Meeting 2018

CALL FOR ABSTRACT

Call for Abstract Submit Your Abstract and Get Published..!!

The 12th Scientific Meeting on Hypertension committee invites you to submit your abstracts of original research which are related to the main topic of the congress or the hypertension field. The Scientific Abstract Reviewer Committee will evaluate and select the abstracts based on quality, clarity and relevance on the main topic or hypertension field.

ABSTRACT SUBMISSION & GUIDELINES

General Policies

- 1. All abstracts must be prepared according to the correct format and requirements. Submissions will be returned to the author if not in the correct format and should be resubmitted to the committee with the exact format.
- Abstracts submission will only be received online through The 12th Scientific Meeting on Hypertension or email: scientific@inash.or.id or inash@inash.or.id
- Faxed or mailed hard-copy abstract or abstract sent on disc/CD will not be accepted.
- 4. There will be no limit to the number of abstracts for an author to submit.
- 5. The Scientific Abstract Reviewer Committee will evaluate and select all abstracts for Oral, Poster and Moderated Poster Presentations.
- 6. Notification of abstracts acceptance will be given to the presenting authors via email at the latest on January 10,2018.
- 7. All presenting authors, whose abstracts are accepted, must be paid registrants. Abstracts will not be processed until an abstract registration fee has been received.
- 8. Best oral and poster presentation will be announced and rewarded in the congress on February 25, 2018

Abstract Format Guidelines

- A. Language English (Clear with accurate grammar and spelling of a quality suitable for publication)
- B. Title Abstract titles should be concise and should not containabbreviations. Please use Title Case and make sure to bold the entire title. Example: Title of Abstract (Times New Roman, Bold, Size 14, Flush center)

YOUNG INVESTIGATOR AWARD

C. Author First name (s) or initials of first name (s) followed by family name. Affiliation details of allauthors: Department; institution/hospital; city; country.

Example:

<u>Presenting Author1, Co-author2, Co-author3</u> (Times New Roman, Size 12, Flush center, Underline Presenting Author)

1 Institution of Author, 2 Institution of Author, 3 Institution of Author (Times New Roman, Size 12, Flush center)

D. Body

- 1. Supported file format is Microsoft Word.
- 2. Font: Times New Roman, size: 11 in single line spacing. Except for the first line, the text should be indented from the left margin by 10 mm.
- Abstracts must not exceed a 250 word limit. The word limit relates only to the text of the abstract and does not include title, authors and institutions.
- 4. The abstract should be concise and present the background, objective, method, result and conclusion.

YOUNG INVESTIGATOR AWARD

- 1. The YIA will be awarded to young or non-established investigators.
- 2. Age of applicants is less than 40 years old.
- 3. All applicants of YIA must submit an abstract (indicated as YIA) to be the presented in the $12^{\rm th}$ InaSH Meeting.
- 4. The committee will evaluate the oral presentations and select the winner.
- The winner will be announced and rewarded during the 12 InaSH Meeting closing ceremony on February 25th, 2018

REGISTRATION FORM

Receipt Date: Registrastio			n N	Number: Registration VIA WWW.INASH.OR.II				
Please type or print	in BLC	CK LETTE	Ra	and tick (√) w	here a	applicable	
Prof Dr		Mr	Ν	/Irs	Ms			
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Category				efore inuary 1, 2	201	.7	Start on January 1, 2018	
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Specialist				Rp 1.500.000,-			Rp 1.800.000	,-
Student/Nurse)				Rp 750.000,-			Rp 1.000.000	,-
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WORKSHOP REGISTRATION FORM

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Prof Dr		Mr 🔲 I	Mrs	Ms				
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Institution:								
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City / Zip Code:	Phone:		Fax:		E-mail:			
Sponsor:		Contact Per	son:	Phone) :			
Registration Fee f	or Wo	rkshop						
WORKSHOP On Friday, February 23, 2018			Rp 1.500.000,-					
Signature :		Amount :						
Payment should be made to : Annual Scientific Meeting Meeting of InaSH Acc Number : 117.000690255.5 Bank mandiri Cab. RS Harapan Kita Jakarta			Policy of Registration: ➤ Starting from January 12, 2018, we can only accept changing or substitution of the Participant names and there will be no refund for any registration payment. ➤ Starting February 1 st ,2018, we will no					
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HOTEL RESERVATION FORM

Registration VIA ADMIN@INASH.OR.ID

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Prof Dr		Mr N	/Irs	Ms						
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Grand Deluxe Room		Rp. 2.200.0	000,-							
Club Room		Rp 2.700.0	000,-							
Grand Mahakam H	otel .	Jakarta								
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Deluxa Room		Rp. 1.400.000,-								
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REGISTRATION FORM

Payment should be made to :

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Policy of Registration:

- ► All cancellations or substitution of reservation must be notified in writing to the 8th InaSH Annual Meeting Secretariat before January 18, 2018.
- ► There will be no refund all cancellation from February 18, 2018.
- ► Please contack the 8th InaSH Annual Meeting Secretariat for name replacements, changes of the room type and notifying check in / out date of hotel reservation prior to February 18, 2018.

Trigger Contest **Dare To Be Great** (in Hypertension) **Requirements:** * SPECIAL for GP * 1 group consists of 4 persons * Each group may be from 1 or **FREE Registration** different institutions for InaSH 2019, * All group members should be registered as participant **Certificate and Prizes** * Limited groups for competition, For First Come First Served 3 Group Winners..!!

FOR REGISTRATION & MORE INFORMATION

Please contact the secretariat InaSH:

InaSH House

Jl. Danau Diatas No.81, Bendungan Hilir - Jakarta Pusat 10210 Telp.: (62-21) 573.4978 Email: inash@inash.or.id



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