



SCIENTIFIC MEETING OF
INDONESIAN SOCIETY OF
HYPERTENSION 2020



Indonesian Society of Hypertension

HYPERTENSION IS NOT JUST A NUMBER, BUT BEYOND

21
February 2020



23
February 2020



Sheraton Grand Gandaria City Hotel
Jakarta

- Workshop • Scientific Program • Plenary Session • Joint Symposium •
- Meet The Expert • How To Session • Satellite Symposium •



Endorsed by



Indonesian Society of Hypertension



Indonesian Heart Association



Indonesian Neurological Association



Indonesian Society of Nephrology

Joint Symposium



**International Society of
Hypertension
(ISH)**



**Japanese Society of
Hypertension
(JSH)**



**Korean Society of
Hypertension
(KSH)**



Ministry of Health

INVITED OVERSEAS SPEAKERS



Ulrike Muscha Steckelings

International Society of Hypertension

Chair - ISH Women in Hypertension Research Committee
Professor of Integrative Pharmacology, University of Southern
Denmark, Odense, Denmark



Fadi Charchar

International Society of Hypertension

Chair - ISH New Investigator and Mentorship Committees
Federation University, Ballarat, Australia

Masanori Munakata

Japanese Society of Hypertension

Director - Research Center for the Promotion of Health and
Employment Support and Division of Hypertension,
Tohoku Rosai Hospital

Clinical Professor - Division of Nephrology, Endocrinology and
Vascular Medicine, Tohoku University Graduate School of Medicine



Shin Jin-Ho

Korea

Director of General Affairs - Korean Society of Hypertension
Professor - Cardiology, Internal Medicine, Hanyang University College
of Medical, Seoul, South Korea

PROGRAM AT GLANCE

WORKSHOPS [Friday, February 21, 2020]			
RUBY	EMERALD	SAPHIRE	
HOW TO RECOGNIZE AND TREAT COMPLICATIONS OF HYPERTENSION	HYPERTENSION UNDER SPECIAL CONDITIONS	GOOD CLINICAL PRACTICE IN HYPERTENSION MANAGEMENT	
Registration	Registration	Registration	
Pre Test	Pre Test	Pre Test	
Aortic Involvement in Hypertension From Preserved to Reduced Ejection Fraction Heart Failure in Hypertensive Patients <i>TBC</i>	Perioperative Hypertension Management <i>TBC</i>	Opening and welcome speech CD/Omron	
Coffee Break	Hypertension and Malignancy: How To Approach? <i>TBC</i>	Out of Office Blood Pressure – The Optimum Way to Diagnose and Manage Hypertension <i>Rarsari S. Pratikto</i>	
Neuro-Opthamologic Changes in High Blood Pressure <i>Eva Dewati</i>	Coffee Break	Coffee Break	
Management of Hypertension in ESRD Patients <i>Afiatin</i>	Management of Gestational Hypertension <i>Adrianus Kosasih</i>	Indonesian Guidelines on hypertension <i>Eka Harmelwati</i>	
Diagnostic Imaging of Complications in Hypertension <i>Jacob Pandelaki</i>	Sleep Apnea-Hypertension Axis: How to Understand and Manage? <i>Rimawati Tedjasukmana</i>	Atrial Fibrillation in Hypertension and Importance of Home Blood Pressure Monitoring <i>Estu Rudiktyo</i>	
FRIDAY PRAYING & LUNCH	The Impact of Auto Immune Diseases to Hypertension <i>Iris Rengganis</i>	Hands on (OMRON)	
Laboratory Findings Related to Hypertension and Kidney Disease <i>Ninie Sukartini</i>	FRIDAY PRAYING & LUNCH	FRIDAY PRAYING & LUNCH	
Case Discussion <i>Aryatama</i>	Hypertension and Erectile Dysfunction: How Blood Pressure and Treatment Can Effect? <i>Santoso Karo Karo</i>	Managing hypertension in chronic kidney disease <i>Pringgadigdo Nugraho</i>	
Post Test	Case Discussion <i>Made Hustrini</i>	How to manage hypertension in Pregnancy <i>Badai Tiksnadi</i>	
	Post Test	Case Discussion <i>Rarsari Soearso Pratikto</i>	
		Post Test	

SCIENTIFIC SESSION | Saturday, February 22, 2020 |

Ballroom 1

Ballroom 2

Ballroom 3

REGISTRATION

PLENARY SESSION 1

Chair: Suhardjono

New Understanding of the Molecular Causes of Hypertension
Fadi Charchar (International Society of Hypertension)

Update Cerebral Small Vessel Disease : A Dynamic Whole Brain Disease
Salim Harris

OPENING CEREMONY INASH AWARD

COFFEE BREAK

Symposium 1

HOW TO ACHIEVE THE GOAL OF HYPERTENSION TREATMENT

Chair: Parliindungan Siregar

Antihypertensive Medication Adherence and Associated Factors Among the Elderly
Tugas Ratmono

What Should Be Considered in the Treatment of Hypertension Beyond the Blood Pressure Reduction?
Yan Herry

New Diuretic Combination in the Management of Hypertension for Elderly Patients with Stroke Protection
Yuda Taruna

Discussion

Symposium 2

FROM CLINICAL TRIAL TO REAL WORLD EVIDENCE: IMPLICATION FOR MANAGEMENT DECISION

Chair: Nani Hersunarti

Recognizing Aortic Dissection in Hypertension
Suko Adliarto

Paradigm Change in Hypertension Management Related Comorbidities
Haerani Rasyid

Real World Management of Hypertension
Shin Jin Ho (Korea)

Discussion

Symposium 3

ESSENTIAL HYPERTENSION AND ITS CONSEQUENCES

Chair: Isman Firdaus

The strategies to reduce the risk of cognitive decline in hypertensive patients
Amanda Tiksnadi

Hypertension in Diabetes Mellitus: The Connection
Imam Subekti

Hypertension in CKD: The Connection
Pranawa Martosuwignyo

Discussion

SCIENTIFIC SESSION | Saturday, February 22, 2020 |

Ballroom 1	Ballroom 2	Ballroom 3
Lunch Symposium 1 THE UNFORSEEN JOURNEY OF HYPERTENSION TO HEART FAILURE <i>Chair: Prof Teguh Ranakusuma</i> The Needs of Early Blood Pressure Control <i>Djoko Wibisono</i> The Threatening Journey of Uncontrolled Hypertension to Heart Failure <i>Nani Hersunarti</i> Discussion	Lunch Symposium 2 CARDIOVASCULAR MORTALITY IN TYPE 2 DIABETES: OLD CHALLENGE, NEW OPPORTUNITIES <i>Chair: Dodik Tugaworo</i> Role of Kidney Glucose Homeostatis <i>Ria Bandiara</i> What We Have Learned From Diabetes CVO T: Implication to Daily Practice <i>Ketut Suastika</i> Translating EMPAREG OUTCOME Trial into Real World Setting: Result of EMPRISE <i>Antonia Anna Lukito</i> Discussion	Lunch Symposium 3 HYPERTENSION IN WOMEN <i>Chair: Arieska Ann Soenarta</i> Hypertension and Cardiovascular Diseases in Women <i>Siska Suridanda Danny</i> Gender Aspects in the Treatment of Hypertension <i>Ulrike Mushca Steckelings (International Society of Hypertension)</i> Stroke in Women <i>Eka Harmelwaty</i> Discussion
LUNCH		
Symposium 4 SOME INTERESTING ASPECTS OF HYPERTENSION FROM BASIC TO CRISIS <i>Chair: Endang Susalit</i> Current Diagnosis and Treatment of Secondary Hypertension <i>Bambang Purwanto</i> Recent Approach of Decongestion in Hypervolumic Patient <i>Siti Elkana Nauli</i> How Should Hypertensive Emergencies Be Managed? <i>Cep Juli</i> Discussion	Symposium 5 STROKE PREVENTION IN NON VALVULAR AF PATIENTS AND HYPERTENSIVE PATIENTS <i>Chair: Ekawati Dani Yulianti</i> The Role of Oral Anti-Coagulant in Stroke Prevention <i>Mursyid Bustami</i> Maintaining Renal Function in AF Patients Under NOAC, Is It Possible? <i>Suhardjono</i> Are All CCBs Equal to Hypertensive Patients? <i>Sari S. Mumpuni</i> Discussion	Symposium 6 HOW EARLY SHOULD HYPERTENSION BE DETECTED? <i>Chair: Abdul Bar Hamid</i> Early Detection of Hypertension From Cardiologist Point of View <i>Bambang Widyanoto</i> Nutrigenomics New Insight in Disease Prevention <i>Fiastuti Wrijaksana</i> Improving Management and Effectiveness of HBPM <i>Yuda Turana</i> Discussion

SCIENTIFIC SESSION [Saturday, February 22, 2020]

Ballroom 1

Symposium 7
COMPREHENSIVE TREATMENT IN HYPERTENSION
Chair: Meiti Frida
 Lifestyle Modification Strategies for Controlling Hypertension
A. Sari S. Mumpuni
 The Latest Generation of Calcium Channel Blockers
Aida Lydia
 From Lowering Blood Pressure to Target Organ Protection
Lestariningsih
 Discussion

Symposium 8
JOINT SESSION ISH - INASH: GLOBAL CHALLENGE IN HYPERTENSION MANAGEMENT
Chair: Asikin Hanafiah
 Are Hypertension Guidelines Trustworthy?
Anwar Santoso
 ISH Mentorship and New Investigator Network
Fadi Charchar (International Society of Hypertension)
 ISH Women in Hypertension Research Network
Ulrike Muscha Steckelings (International Society of Hypertension)
 Discussion

Ballroom 2

Symposium 9
JOINT SESSION MINISTRY OF HEALTH - INASH: THE POLICY AND STRATEGY AGAINST HYPERTENSION IN INDONESIA
Chair: Adre Mayza
 The Policy and Challenges of Hypertension Control in National Health System
Kemenkes
 Hypertension: National Coverage System in Indonesia
BPJS
 INASH 2019 Consensus: Management of Hypertension in Indonesia
Rully Roesli
 Discussion

Ballroom 3

TRIGGER QUIZ CONTEST

SCIENTIFIC SESSION [Sunday, February 23, 2020]

Ballroom 1

Ballroom 2

Ballroom 3

PLENARY SESSION 2

Chair: Jose Roesma

Indonesian MMM 2017: What are the Consequences and What To Do?
Erwinanto

Clinical Implication of Blood Pressure Variability in Hypertension Management
Masanori Munakata (Japanese Society of Hypertension)

Symposium 10 NEW RECOMMENDATIONS FROM 2019 LIPID GUIDELINES

Chair: Ketut Suwitra

Benefit of Lipid Lowering in CKD
Maruhum Bonar Marbun

Filling an Unmet Need in Lipid-Lowering Management: Is Monotherapy Enough?
Eko Antonio

Clinical Practice of Current Dyslipidemia Management: A Case Study with Combo Mechanisms
BRM Ario Soeryo

Discussion

Symposium 11 SYMPATHETIC OVERDRIVE IN HYPERTENSION AND BEYOND

Chair: Santoso Karo Karo

Sympathetic Nervous System and Metabolic Abnormalities
Manfaluthy Hakim

Role of Betablockers in the management of Hypertension with CKD
I Gde Raka Widiana

The Rationale of Beta Blocker Treatment in Hypertensive Patients
Saifur Rohman

Discussion

Symposium 12 JOINT SESSION KSH - INASH: COMBINATION THERAPY IN HYPERTENSION CARE

Chair: KSH & Iwan Dakota

TBA
Tunggul D. Situmorang

TBA
KSH

TBA
KSH

Discussion

COFFEE BREAK

SCIENTIFIC SESSION [Sunday, February 23, 2020]		
Ballroom 1	Ballroom 2	Ballroom 3
Lunch Symposium 4 HYPERTENSION MANAGEMENT IN ACUTE SETTINGS <i>Chair: Muhamad Kurniawan</i> Controversies BP Lowering in Acute Stroke <i>TBC</i> Hypertension as Cause of Acute Kidney Injury <i>Rubin Gondodipuro</i> Discussion	Lunch Symposium 5 VASCULAR AGING IN HYPERTENSION <i>Chair: Hasan Sjahir</i> Clinical Usefulness of Brachial-Ankle PWV, A General Standard of Arterial Stiffness in Japan <i>Masanori Munakata (Japanese Society of Hypertension)</i> How to Approach and Manage Hypertension in the Elderly Population <i>Arieska Ann Soenarta</i> Discussion	
LUNCH		
Symposium 13 HOW TO SESSION HYPERTENSION MANAGEMENT IN PRIMARY CARE <i>Chair: Frits R. W. Suling</i> Risk Stratification in Hypertension <i>Celly Anantaria</i> How to Measure Subclinical Organ Damage <i>Zulkhair Ali</i> When to Start Antihypertensive Medication <i>Rahmat Hidayat</i> Discussion	Symposium 14 CURRENT MEDICAL ISSUES NEED TO KNOW <i>Chair: Wiguno Prodjosudjadi</i> Ethical Issues in Hypertension <i>Pukovisa Prawirohardjo</i> Capacity Issues and Decision Making in Dementia <i>Diatri N Lastri</i> Medicolegal Aspect of Hypertension <i>Herkutanto</i> Discussion	
LAUNCHING AND DISTRIBUTION CONSENSUS <i>Amanda Tiksnadi</i>		
CLOSING REMARK AND DOOR PRIZE		

REGISTRATION & HOTEL RESERVATION

Trigger Quiz Contest

Special FOR GP

- Make a group of 3 – 4 GP and register to inash@inash.or.id
- Get special prizes for winners

Young Investigator Award & Moderated Poster - Poster

Call For Abstract

Deadline : January 8, 2020

Submit your abstract to scientific@inash.or.id and get a chance to win prizes for **BEST moderated poster & poster**

Selected abstracts will be published in **Journal of Hypertension** (*official journal ISH – ESH*)

Grand prize for YIA winner

Hotel Reservation

Room Type	Room Rate net/night (Incl. breakfast)
Grand Sheraton Jakarta Gandaria City Hotel	
☐ Deluxe Room	Rp 1.850.000,-
☐ Grand Deluxe Room	Rp 2.100.000,-
☐ Club Room	Rp 2.700.000,-
Grand Mahakam Hotel Jakarta	
☐ Deluxe Room	Rp 1.600.000,-

Registration Fee

Category	Before December 1, 2019	Start on December 1, 2019
General Practitioner	Rp 1.500.000,-	Rp 1.750.000,-
Specialist	Rp 2.000.000,-	Rp 2.250.000,-
Student/Nurse	Rp 1.000.000,-	Rp 1.000.000,-
Workshop InaSH	Rp 2.250.000,-	Rp 2.500.000,-

Bank Account : **Bank Mandiri KCP RS Harapan Kita Jakarta**

Account Name : **Annual Scientific Meeting of InaSH**

Acc Number : **117- 00- 0690255-5**

Policy of Reservation Hotel:

- All cancellations or substitution of reservation must be notified in writing to the 14th InaSH Annual Meeting Secretariat before January 15, 2020
- There will be no refund all cancellation from February 15, 2020
- Please contact the 14th InaSH Annual Meeting Secretariat for name replacements, changes of the Room type and notifying check in / out date of hotel reservation prior to February 15, 2020

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Sheraton Grand Gandaria City Hotel Jakarta



trigger **Quiz** contest

**Dare To Be Great
(in Hypertension)**

**Registration DEADLINE:
February 13, 2020**

Requirements:

- * SPECIAL for GP
- * 1 group consists of 4 persons
- * Each group may be from 1 or different institutions
- * All group members should be registered as participant
- * Limited groups for competition, First Come First Served

FOR REGISTRATION & MORE INFORMATION

InaSH House, Jl. Danau Ditas No.81 Bendungan Hilir, Jakarta Pusat 10210

 (62-21) 573.4978

 inash@inash.or.id

 scientific@inash.or.id

 @inash_hipertensi

 + 62 812 8776 2802

 www.inash.or.id



14 SCIENTIFIC MEETING OF
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CALL FOR ABSTRACT

Abstract Submission Deadline



**15 JAN
2020**

Submit to: **scientific@inash.or.id**



- Selected abstracts will be PUBLISHED ONLINE in **JOURNAL OF HYPERTENSION** (Official Journal of ISH & ESH)
- Prizes for Best Abstract Winners (YIA, Moderated Poster & Poster)



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(62-21) 573.4978 +62 812 8776 2802 inash@inash.or.id

www.inash.or.id



Launching of
INASH CONSENSUS 2020
Diagnosis and Management of
Hypertension with Target Organ
Damage



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 (62-21) 573.4978  inash@inash.or.id  scientific@inash.or.id
 @inash_hipertensi  + 62 812 8776 2802  www.inash.or.id